

Spiritual Communion Prayer

October 11, 2020

Every-present God, be with us as we worship you as one united community even as we are gathered in our separate places. Remind us of our union with you and with each other, even when we cannot see or be physically present with those we care about deeply.

Give us strength to face the uncertainty of this time of political uncertainty, social unrest, and a global pandemic and economic upheaval. Bring us hope and courage that in you we can find the steadfastness of faith to meet the days ahead, and a compassion for all those who are vulnerable around us.

As we celebrate this Holy Eucharist in remembrance of Jesus, be present to each of us in our separation as we long to be in community, and as we seek to share the sacrament even when we cannot literally partake of it.

We give you thanks for Jesus, and we rejoice in the good news of his life, death, and resurrection. Empower us to give generous expression to the love Jesus showed to all humanity, so that our love may overcome differences, our actions break down barriers, and our compassion includes those in generations to come.

When we break bread, as Jesus broke and shared bread, we are committing ourselves to love generously. We pledge ourselves to be the “Body of Christ,” the community of the faithful, loving God and neighbor with all our hearts, with all our minds, and in all our souls.

When we drink wine as Jesus shared wine with his friends, we are being mindful of our bonding with all that exists in Creation through God’s Spirit creatively present with and within us.

O Great Love, thank you for living and loving in us and through us. May all that we do flow from our deep connection with you and all beings. Help us become people who vulnerably share each other’s joys and burdens. Listen to our hearts’ longings for the healing of this world. Knowing you are hearing us better than we are speaking, we offer these prayers in all the holy names of God.

Amen.