

Spiritual Communion Prayer

November 1, 2020

Every-present God, be with us as we worship this morning, and remind us of our union with you and with each other, even when we cannot see or be physically present with those we care about deeply.

Give us strength to face the uncertainty of this time of political decision, social unrest, a global pandemic, and economic upheaval. Bring us hope and courage that in you we can find the steadfastness of faith to meet the days ahead, and a compassion for all those who are vulnerable around us.

On this All Saints Day, we remember all those who have died and now rest in you. Console us who mourn and surround us with your love, that we may not be overwhelmed by our loss, but have confidence in your goodness.

We give you thanks for your son Jesus. Empower us to give generous expression to the love Jesus showed to all humanity, so that our love may overcome differences, our actions break down barriers, and our compassion includes those in generations to come.

When we break bread, as Jesus broke and shared bread, we are committing ourselves to love generously. We pledge ourselves to be the "Body of Christ," the community of the faithful, loving God and neighbor with all our hearts, with all our minds, and in all our souls.

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When we drink wine as Jesus shared wine with his friends, we are being mindful of our bonding with all that exists in Creation through God's Spirit creatively present with and within us.

O God of mercy, wake us up to your grace that surrounds us, your love that undergirds us, your forgiveness that renews us, your everlasting arms that hold us close to you and each other. Help us become people who vulnerably share each other's joys and burdens, and listen to our hearts' longings for the healing of this world.

Knowing you are hearing us better than we are speaking, we offer these prayers in Jesus' name.

Amen.