

Spiritual Communion Meditation
November 8, 2020

Dearly Beloved:

As we consider together the gift of our Spiritual Communion, hear the words of a lovely renewal hymn:

Turn your eyes upon Jesus,
Look full in His wonderful face;
And the things of earth will grow strangely dim
In the light of His glory and grace.

Yes, may we turn our eyes upon Jesus and experience our worries, our anxieties, our feeling apprehensive, our fears for the future “grow strangely dim in the light of His glory and grace.” May we turn our eyes upon Jesus and hear his calling to us to receive this greatest gift...this gift of his tears shed for us, knowing our needs before we ask.

May we accept his offer of his very self, that our lives may be made more peaceful, more blessed.

Feel enfolded in this Spiritual Communion, yes, enfolded in God’s Love for us, his very own; God’s Love made known to us in our Communion with Jesus and with one another.

Lord God: Help us to know that you are always there for us, indeed, always WITH us, to walk with us and to guide us through our challenges and this especially difficult time in our lives.

Help us to know that each and every one of us is a child of God with inherent worth and dignity. Help us to always remember that when we love others, we love you, God. And, Lord God, Help us to spread the Good News of your constant Love, so that we may truly serve you in Thanksgiving.

We thank you, Lord, for our Spiritual Communion, which manifests your Love for us in unmistakable ways.

And now, may we hear the comforting words written so long ago in the book of Isaiah:

Do not fear, for I am with you;
Do not anxiously look about you,
For I am your God.
I WILL strengthen you.
I WILL uphold you.

AMEN