Spiritual Communion Prayer January 17, 2021

Creator of all Life, God of all Peace, Source of all Healing ... on this Sunday before the day honoring the memory and legacy of your servant, the Rev. Dr. Martin Luther King, Jr., we are extremely aware of our vulnerability ... vulnerability as a nation ... as a society ... and as faithful individuals living in a world gone awry. As we move toward the inauguration of a new president, bring us a sense of calm to our troubled hearts in this time of unrest. During this global pandemic that has killed over two million people, bring us healing as a nation, as a community, and as children of a loving God. Remind us in this sacrament of Holy Communion that you are with us, and give us hope for a world with greater possibilities than this moment in time.

We give thanks for Jesus of Nazareth, who loved so greatly and taught so clearly and courageously that he was able to set people free from fear and a false sense of separation from each other and the Spirit of all life.

As we remember the night before Jesus died, we take this bread and eat it mindful of the Sprit at work in our lives ... in the ordinary ... in the everyday ... in the midst of a pandemic with the separation it brings ... in the midst of political unrest ... and in our desire to love as generously as Jesus loved.

As Jesus was ending his meal, knowing his life was to be poured out, Jesus shared a cup of wine with his friends. Remind us that sharing of ourselves for the benefit of others was a way of life for Jesus, even as he faced his death. We drink now, mindful of our bonding with Jesus and with all people through the Sprit at work in our lives.

Through Jesus, we have learned how our loving is a sharing in the life of this Spirit. In him we see the Spirit of life challenging each of us to make the Spirit's presence on earth more visible by the way we act and love those around us.

We ask for the strength of this Spirit of life as we face the days and weeks ahead, and instill us with a hope of a new way of being in your love.

Amen.