

Spiritual Communion Prayer
March 21, 2021

Loving God, Spirit of all Life, and Fountain of all mercy ... We give you thanks for the life you have given us and for the love and beauty that radiates throughout your creation. Help us to be mindful of your presence in all that we do, and bring us peace in our hearts and souls during this season of Lent.

We pray that this Spiritual Communion can bring us together as the Body of Christ in this corner of your vineyard. Although we are still physically separated from each other, we look with hope to the Day of Resurrection when we can celebrate the new life you give us through the Resurrection of your son, and for this community of faith as we look into each other's eyes for the first time in over a year.

Source of all Healing ... bring us wholeness in the midst of this broken world. Like a grain of wheat that falls into the earth and dies, yet then bears much fruit, make us agents of healing for those who are marginalized because of their race, gender, or sexual orientation. We also ask for your healing in our bodies, minds and spirit that we may be strong in the face of adversity, and compassionate in the presences of suffering. Although we are separated from each other, help us to affirm this sacred community as a source of unity we participate in this Holy Communion.

We give thanks for Jesus of Nazareth, whose love and courage set people free from fear, and gave them power to overcome our separation from your holy presence. As we remember the night before Jesus died, we take bread and eat it mindful of the Spirit of all Life at work in our lives.

As Jesus was ending his meal, knowing his life was to be poured out, Jesus shared a cup of wine with his friends. Remind us that sharing of ourselves for the benefit of all persons was a way of life for Jesus, even as he faced his death. We drink now, mindful of our bonding with Jesus and with all the children of God through the Spirit of all Life at work in us.

Through Jesus, we have learned how our loving is a sharing in the life of this Spirit. In him we see the Spirit of all Life challenging each of us to make the Spirit's presence on earth more visible in all that we do, and the way we love those around us.

We ask for the strength of this Spirit of all Life as we face the days and weeks ahead, and instill us with a hope of a new way of being in your love. We know that through you all things are possible.

Amen.