

Spiritual Communion Meditation
May 2, 2021

Lord God, help us to know that we are an integral part of your vineyard. Loving creator of all that is good and fruitful: help us to pause in the striving of our everyday lives. Open our hearts, we pray, to a new awareness... that indeed our own lives and souls will bear the most fruit, when we give ourselves over to your grace and care. We pray this in the name of the true vine, the source of our sustaining nourishment, Jesus, the Christ.

Lord God, we do pray: come...abide in us...that we may bear much fruit...the fruit of your love, your goodness. Prune us as you must, so that we may be truly the fruit of your vine, a glorious manifestation of being always bound to you, our living vine of Love.

We thank you Lord for this extraordinary blessing in our lives of our Holy Communion; this blessing of your Love, to us, your precious, beloved children, who need your constant nurturing, your never-ending attention and care, as the storms of life hit us, bewilder us, and confuse and discourage us. Help us to know with all certainty, and security, that we ARE YOURS...that we ARE indeed, the very branches of you, our forever VINE.

We thank you, Lord God that through the gift to us of our Lord Jesus, we know how to live always in love and compassion. Through the Blessing of our Holy Communion, however we experience it, at home or here, in our beloved St. Cyprian's, Lord we pray that you strengthen us to seek and to serve all others in your Holy Name.

We come before you with grateful hearts, trusting that you ARE the vine and we Are the branches...all in the name of your Love. May we blossom and flourish and thereby show forth your Love.

AMEN